

WAHL

Below is a list of statements describing feelings or experiences you may have from time to time or may be familiar to you. Most of these statements describe feelings and experiences that are generally painful or negative in some way. Try to be as honest as you can in responding. Read each statement carefully and circle the number that indicates the frequency with which you find yourself feeling or experiencing what is described in the statement. Please do not omit any item.

1. I have worried that others will view me unfavorably because I have been in treatment for my substance use.

1	2	3	4	5	6	7
Never	very rarely	seldom	sometimes	frequently	almost always	always

2. I have been in situations where I have heard others say unfavorable or offensive things about people who have been in treatment for their substance use.

1	2	3	4	5	6	7
Never	very rarely	seldom	sometimes	frequently	almost always	always

3. I have seen or read things in the mass media (e.g., television, movies, books) about people who have been in treatment for their substance use that I find hurtful or offensive.

1	2	3	4	5	6	7
Never	very rarely	seldom	sometimes	frequently	almost always	always

4. I have avoided telling others outside my immediate family that I have been in treatment for my substance use.

1	2	3	4	5	6	7
Never	very rarely	seldom	sometimes	frequently	almost always	always

5. I have been treated as less competent by others when they learned I have been in treatment for my substance use.

1	2	3	4	5	6	7
Never	very rarely	seldom	sometimes	frequently	almost always	always

6. I have been shunned or avoided when it was revealed that I have been in treatment for my substance use.

1	2	3	4	5	6	7
Never	very rarely	seldom	sometimes	frequently	almost always	always

7. I have been advised to lower my expectations in life because I have been in treatment for my substance use.

1	2	3	4	5	6	7
Never	very rarely	seldom	sometimes	frequently	almost always	always

8. I have been treated fairly by others who know I have been in treatment for my substance use.

1	2	3	4	5	6	7
Never	very rarely	seldom	sometimes	frequently	almost always	always

9. Friends who learned I have been in treatment for my substance use have been supportive and understanding.

1	2	3	4	5	6	7
Never	very rarely	seldom	sometimes	frequently	almost always	always

