

(SAB Continued)

11. My central defining feature is that I am a substance abuser.
1 2 3 4 5 6 7
Not at all believable Completely believable

12. One can never really overcome their history of substance abuse.
1 2 3 4 5 6 7
Not at all believable Completely believable

13. There is a group of people with such severe substance use disorders that they are beyond help.
1 2 3 4 5 6 7
Not at all believable Completely believable

14. I will never be able to achieve sobriety because I can't resist urges and cravings to drink or use drugs.
1 2 3 4 5 6 7
Not at all believable Completely believable

15. I sometimes think I have an addictive personality disorder, which prevents me from making any treatment gains.
1 2 3 4 5 6 7
Not at all believable Completely believable

16. I will never really recover in the sense that I will always be just one drink or hit away from relapsing.
1 2 3 4 5 6 7
Not at all believable Completely believable

17. I must hit "bottom" first before I will be ready for treatment.
1 2 3 4 5 6 7
Not at all believable Completely believable

18. If I fail in treatment, it's because I did not want it bad enough.
1 2 3 4 5 6 7
Not at all believable Completely believable

19. No matter what I do, I have a 33% chance of sobriety, 33% chance of staying the same, and 33% chance of getting worse.
1 2 3 4 5 6 7
Not at all believable Completely believable

20. The only choices I have are treatment, prison, or death.
1 2 3 4 5 6 7
Not at all believable Completely believable